

# DAYTIME FOOD

BY FARMING HOPE

Served from 9AM - 3PM

Farming Hope creates jobs for formerly incarcerated and homeless folks in our kitchen.



## BREAKFAST

**SPICED CHIA PUDDING** 9

*Berries, dried apricot, banana, cacao-rose crunch, honey*

**SEMOLINA WAFFLE** 14

*Whipped yogurt, berries, black sesame, date molasses, mint, jam*

**CITRUS TOAST** 9

*Citrus yogurt, grapefruit, orange, tarragon, pistachio, nigella seed*

**AVOCADO TOAST** 9

*Olive oil, pickled onion, radish, chili threads*

**"A REAL BREAKFAST"** 13

*Soft scrambled eggs, citrus yogurt, tomato-cucumber salad, toast, butter*

**FARMING HOPE HASH** 15

*Two poached eggs, smashed and fried potatoes, brussels sprouts, smoked salmon, pickled onions, herbs*

**SHAKSHUKA** 12

*Spicy tomato-pepper stew, poached eggs, feta, herbs*

## ADD ONS

**POACHED EGG** 2

**SOFT SCRAMBLED EGGS** 5

**SMOKED SALMON** 5

**AVOCADO** 3.5

**SMASHED AND FRIED POTATOES** 4

**MIXED GREENS** 3

**TOAST OR PITA** 2

**MARKET FRUIT** 5

**HUMMUS** 3

## LUNCH

### IN A PITA

*All pitas come with pickled cabbage, tomato-cucumber salad, yogurt sauce, and herbs.*

*Ditch the pita and get your fillings as a gluten-free grain bowl for two dollars more.*

**CAULIFLOWER SHAWARMA** 10

*Shawarma-spiced cauliflower with pickled turnips*

**ROASTED EGGPLANT** 11

*Served with hard-boiled egg, pickled cucumber, and spiced mango sauce*

**BEYOND KOFTE** 14

*Grilled Beyond Meat seasoned with spices, onion, and mint. Served with Moroccan herb sauce and pickled radish*

## LUNCH SPECIALS

**PITA AND SMALL SALAD**

*Add a small meze salad to any pita and save a dollar* +4

**SOUP AND SMALL SALAD**

*Fight off the winter chills with our daily special. Served hot with toast and your choice of salad* 13

## MEZE SALADS

**BRUSSELS SPROUTS** sm/lg 5/8

**TABBOULEH**  
*Shredded brussels sprouts, bulghur, herbs, tomato, cucumber, pickled onion, lemon-za'atar dressing*

**BEETS AND BERRIES** 5/8

*Roasted beets, berries, cacao-rose crunch, yogurt*

**FENNEL AND CITRUS** 5/8

*Roasted fennel, orange, grapefruit, feta, pomegranate, and Moroccan herb sauce*

# DAYTIME DRINKS

BY MANNY'S

Served from 9AM - 4:30PM

We offer free coffee and tea to anyone who needs it...no questions asked.

Support Someone in the community by asking to "Pay it Forward" with a donation



## COFFEE

Coffee and espresso beans are sourced from women-owned Ritual Coffee Roasters. Substitute whole/skim milk in your espresso drink with alternative milk for 36 cents more.

<b>DRIP COFFEE</b>	1.75/2.75/3.75
<b>CAFE AU LAIT</b>	3.25
<b>COFFEE REFILL</b>	2.00
<b>ESPRESSO</b>	3.00
<b>CAPPUCCINO</b>	3.25
<b>CORTADO/MACCHIATO</b>	3.25
<b>DECAF FRENCH PRESS</b>	3.25
<b>COLD BREW</b>	3.00
<b>LATTE</b>	3.75
<i>Can be served iced or hot</i>	
<b>MOCHA</b>	3.95
<i>Can be served iced or hot</i>	
<b>AMERICANO</b>	3.25
<i>Can be served iced or hot</i>	
<b>ADD SINGLE OR DOUBLE SHOT</b>	1.50/3

## TEA

2.75

Sourced from The Republic of Tea

### BLACK TEA

Served hot. Contains caffeine.

BRITISH BREAKFAST  
EARL GREYER  
REPUBLIC CHAI

### GREEN TEA

Served hot. Contains caffeine.

TUMERIC GINGER GREEN  
TEA OF INQUIRY  
SUPER GREEN IMMUNITY

### HERBAL TEA

Served hot. Caffeine-free

CARDAMOM CINNAMON  
ORGANIC MINT FIELDS  
GOOD HOPE VANILLA  
SAFFRON ROSE

### ICED TEA

Naturally caffeine-free

HIBISCUS SANGRIA  
BLUEBERRY LAVENDER  
Contains Caffeine  
PEOPLES BLACK TEA

## NOT COFFEE

<b>CHAI LATTE</b>	3.75	<b>SYNERGY KOMBUCHA</b>	4.99
<i>Can be served iced or hot</i>		<i>Trilogy, Mango, Original</i>	
<b>FRUIT JUICES</b>	3.00	<b>KAVA</b>	7.00
<i>Orange, Grapefruit, Cranberry, Pineapple</i>		<i>Made w/ Pineapple Juice</i>	
<b>GINGER BEER</b>	3.00	<b>VYBES CBD TONIC</b>	6.75
<b>SPARKLING WATER</b>	3.00	<i>Strawberry Lavender, Peach Ginger</i>	
<b>HOMEMADE</b>	3.25	<b>LAGUNITAS</b>	3.25
<b>ARNOLD PALMER</b>		<b>HOP REFRESHER</b>	
		<i>Non-alcoholic</i>	

@welcometomannys